



Learn more about:

## **SUSTAINABLE PROJECT MANAGEMENT**

### **Training Program**

**Sustainable Project Management is one of the first trainings of its kind that gives the participant practical skills for implementing projects in a sustainable way.**

This is a basic project management training that also provides tools for executing projects in a sustainable manner regardless of the field. It is based on international standards for projects (ISO 21500 and PMBoK), established sustainability frameworks and tools (UN Global Compact, Global Reporting Initiative and ISO14001). The training is unique in its focus on using sustainability in the processes of Project Management, and not just in the end result of a project.

#### **Background**

The role of a Project Manager is becoming increasingly demanding and all the more exciting. Today project manager is not only responsible for delivering the result of the project in time and according to budget, but also in a sustainable way. For some Project Managers, this is already a reality, but for others the change lies in the future. Even though the demand for sustainability in

projects and organizations is growing, many are still grappling with the question as to how to put the concept into practice. The training aims to address this uncertainty by practically training project participants in all different parts of projects, including reviewing methods for making the project sustainable.

The important factors for an organization's success today are to work in projects and with sustainability. Projects play a key role in developing an organization and can lead to improved products and services. Working with sustainability can in turn contribute to improved quality in products and services, improved customer relationships and reputation, control on supply chains, reduced resource usage and thus costs, improved work environment, and result in many others advantages. Previously, work on projects and sustainability occurred as two parallel activities in a business, but Sustainable Project Management now offers methods and tools to practically integrate these two into the same processes.

## Objective and Purpose

After completing the training program, participants shall be able to plan, implement and complete a single project as a Project Manager, and be able to understand how to work in a sustainable way in projects. Participants will learn practical methods, techniques and administrative procedures. After the training, participants shall have a better understanding of analyzing the stakeholder needs and learn how to manage the same.

## Target group

No prior knowledge or experience in the field is required! The training program is relevant for anyone who works with projects in different industries i.e; Project Managers, team members, Steering group members, etc. Anyone who wants to increase their ability or knowledge of working with projects and executing the same with sustainability in focus are welcome to apply for the training.

## Training Outline

The training is offered as an open course with max 20 participants or as a tailor-made training for targeted organizations. The duration varies from 3-5 days depending on the organization's needs.

The training is administered with a balanced mix of short lectures along with discussions and group work for each section. Group work allows the participants to simulate usage of different project tools and apply sustainable thinking in a given situation. The content thoroughly covers the basics on the concept of projects, sustainability and its scope in project activities. During the training we follow one project through all the phases of a project life cycle, from initiation to conclusion, and highlighting different processes and tools used for a successful project.

Find more information at [www.life.se](http://www.life.se).

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## Reviews from previous participants

*"This will enable me to handle projects better in the future! It has opened my mind for consultation with stakeholders and enabled me to do a better analysis of risk management."*

*"Everything is explained in a good way for everyone to understand."*

*"Highly relevant course! It was great to learn in detail about sustainability objectives and sustainable thinking in the entire project."*

*"We did so much group work with just enough theory, it was perfect!"*

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## Contact us

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