Closing date for application
> April 6, 2026

Credit: Image by Freepik

POW**HER** LEADERS

Digital and AI Capacity Development for Women Trainers in Ukraine

MAY-DECEMBER 2026

"Are you a woman trainer or educator in Ukraine ready to lead digital transformation and innovation?"

Why join the PowHer Leaders training programme?

- Cutting-edge digital and AI skills tailored for educational impact
- Mentorship and peer exchange with experts and fellow trainers
- Hands-on experience in designing and delivering training to underserved groups
- Access to an international Community of Practice and Open Resource Repository
- Certification and a pathway to join the PowHer Alumni Network

How this Qualification can transform your life:

Professional Growth
Opens new pathways for your own life and future.

Boost your career
Strengthens your CV and opens opportunities.

Become future-ready
Master AI tools, digital skills, and inclusive facilitation.

Increase Your Earnings
Access better-paid roles and freelance work.

Join a Professional Community
Connect with certified trainers and changemakers.

PowHer is not just a programme, it's a movement and a community. Established through a partnership between Sweden and Ukraine PowHer is led by LIFE Academy in collaboration with Stockholm University, KTH Royal Institute of Technology, Ukrainian Distance Learning (UDL) System, Dnipro University of Technology, and Sustainable Development and Innovation Agency (SDIA NGO). The initiative empowers women to transform disrupted careers into opportunities for growth, overcome digital barriers, and become certified trainers who provide inclusive learning throughout Ukraine.

Funded by the Swedish Institute, PowHer contributes to Ukraine's recovery and EU integration by equipping women and internally displaced persons (IDPs) with essential digital, entrepreneurial, and leadership skills. Join PowHer and help shape a stronger, more resilient future.

Programme information

The PowHer Leaders programme combines online and onsite learning to build practical digital, entrepreneurial, and leadership skills.

Participants will engage in:

- English and Ukrainian digital literacy courses tailored to different skill levels
- Workshops & webinars – interactive, hands-on sessions covering leadership, entrepreneurship, facilitation, psychological support, and mental health.
- Practical digital skills – using AI and other tools for communication, project development, and entrepreneurship.
- Mentoring – guidance from Swedish and Ukrainian experts.
- Peer collaboration – study visits, project-based assignments, and online community exchange.
- Applied projects – design and deliver training modules addressing real needs of women and IDPs.

A central aspect of the programme is for each participant to develop their own training project to put into practice what they learn.

The programme carries 6 ECTS credits, jointly credentialed by Swedish and Ukrainian universities. Graduates become certified trainers ready to deliver inclusive training, mentor others, and scale learning within their institutions and communities.

Outstanding participants will be invited to a 3-day networking and knowledge exchange event in Sweden (2027), connecting with experts, partners, and the wider PowHer network.

WHO SHOULD APPLY?

PowHer Leaders is designed for:
- Women trainers in NGOs
- University educators
- VET professionals
- Youth workers and facilitators
- Aspiring trainers committed to supporting women and IDPs

Aim:

To certify trainers and future leaders who can sustainably train and support other women and IDPs within their communities and institutions.
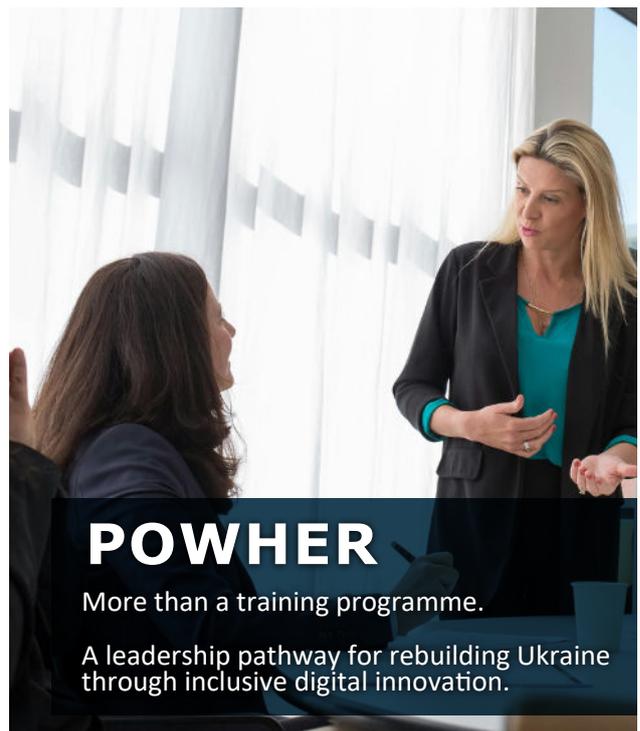
Programme duration:
May-December 2026

Time allocation:

Participants are expected to allocate approximately **5 hours/week** for programme activities. About half of this time will be live activities every week (webinars and workshops).

Training format:

The training begins with a full day kick-off on-site in Ukraine (1 in Lviv and 1 in Dnipro) where the full group connects digitally with the team of experts in Sweden and Ukraine. The main format of the programme is weekly digital webinars and workshops followed by coaching activities, peer-learning, assignments and self-studies. Networking events and study visits will also be included. The programme concludes with a full day final conference on-site in Ukraine (1 in Lviv and 1 in Dnipro) where the full group connects digitally to the team of experts.
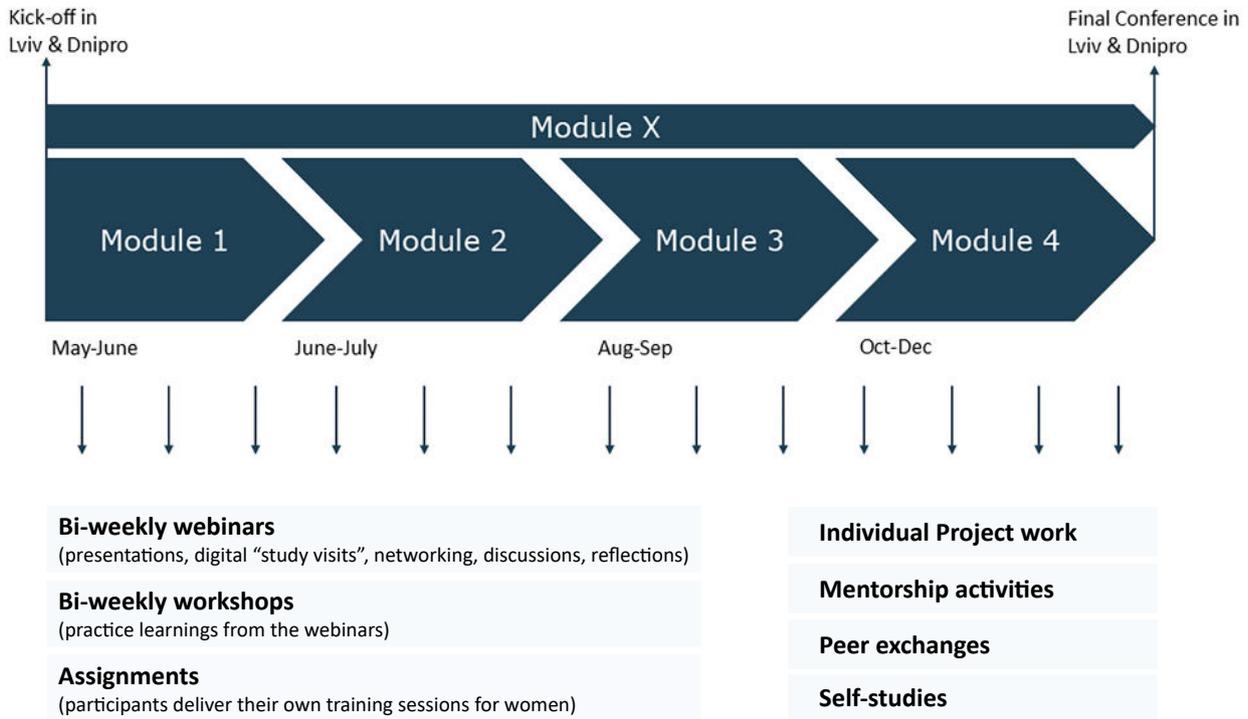

POWHER

More than a training programme.

A leadership pathway for rebuilding Ukraine through inclusive digital innovation.

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PowHer Training Programme Timeline

Kick-off in
Lviv & Dnipro

Final Conference in
Lviv & Dnipro

Module X

| Module 1 | Module 2 | Module 3 | Module 4 |

May-June June-July Aug-Sep Oct-Dec

Bi-weekly webinars
(presentations, digital "study visits", networking, discussions, reflections)

Bi-weekly workshops
(practice learnings from the webinars)

Assignments
(participants deliver their own training sessions for women)

Individual Project work

Mentorship activities

Peer exchanges

Self-studies

Your Individual Training Project

Throughout the programme, you design and implement your own real training initiative for women and IDPs.

This project becomes your:

1. Practical application arena
2. Professional portfolio
3. Tested and refined training model
4. Potential income-generating activity

You will:

- Conduct a needs analysis
- Design a structured training session
- Deliver pilot sessions
- Receive mentor and peer feedback
- Evaluate and refine
- Develop sustainability and promotion strategies
- Present your results at the final conference

By completion, you are not just a participant — you are a **certified PowHer Leader.**

What IS an appropriate project

- A training session for women/IDPs
- A modular workshop series
- A digital micro-course
- A blended training format
- A pilot training embedded in an NGO/ university
- An educational event or forum
- Updating an existing training with new knowledge/tools from the training programme

What is NOT an appropriate project

- Pure research
- Business plans without training delivery
- Tech development without learners
- Abstract concepts without testing

Programme Modules

Module X
Individual Project & Professional Trainer Development

Throughout the programme, each participant develops and implements a real training initiative tailored to the needs of women and IDPs in Ukraine. With mentorship and peer support, participants apply the knowledge from all modules to design, deliver, and refine a structured training initiative. By the end of the programme, each participant holds a tested training model and a strengthened professional profile as a certified PowHer Leader.

Module 1
Design Thinking, Innovation & Impact Scaling

This module introduces a human-centred innovation approach to identifying challenges and designing meaningful training solutions. Participants use design thinking methods to understand stakeholder needs, prototype ideas, and refine training concepts through feedback. The module also explores how to measure impact and develop scalable, sustainable training initiatives.

Module 2
Inclusive Digital Pedagogy & Trauma-Informed Facilitation

This module develops participants' skills to design inclusive and psychologically safe learning environments. Grounded in trauma-informed practice, it equips trainers to work sensitively with women and IDPs affected by conflict and displacement. Participants also strengthen facilitation skills for hybrid and online learning environments.

Module 3
Digital Confidence & AI Foundations for Trainers

This module strengthens participants' digital fluency and introduces practical AI tools for training design and delivery. Participants explore how AI can support content creation, communication, and learning design while addressing responsible and ethical use. The module also focuses on digital delivery strategies suited for hybrid and low-bandwidth contexts.

Module 4
Employability, Entrepreneurship & Labour Market Alignment

This module connects training design with labour market opportunities and economic resilience. Participants explore EU labour trends, remote work pathways, and entrepreneurship models relevant to women and IDPs. The module introduces business model thinking and practical strategies for creating training that supports employment and income generation.

Practical information

Language Requirements

The programme will be conducted in English and Ukrainian. Participants are expected to have sufficient English language skills to actively engage in programme activities, discussions, and assignments.

To ensure inclusive participation, interpretation into Ukrainian will be provided during selected sessions, based on identified needs.

Tools and Learning Platforms

All programme related information, learning materials, presentations, assignments, and recordings will be made available through a shared platform, which serves as the main information and resource hub for participants. Online sessions will be conducted using commonly available digital meeting tools. Access to the training materials will be available during the training programme period.

Diploma/Certificate

Participants who actively are engaged in the whole programme and successfully complete the required activities will receive a diploma upon completion. Implementation of the Individual Project includes its execution and the delivery. The final deliverable needs to be a report and/or a PowerPoint presentation.

The training programme will be credentialed under both Swedish and Ukrainian universities and worth 6 ECTS credit points to ensure high-quality engagement and effective skills' development.

Costs

The programme covers all costs related to:

• Training activities including lectures, learning materials, coaching and facilitation (note: costs related to the Individual Project are not covered).
• Conference venue and meals during the 2 on-site training days in Lviv and Dnipro.

Costs related to the implementation of Individual Projects, such as internal workshops or stakeholder meetings, are expected to be covered by the participants or their organisations. Personal expenses and daily allowances are not covered by the programme and remain the responsibility of the participant or her organisation.

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About the Programme Partners

PowHer is a project funded by the **Swedish Institute** (www.se.se/en) and implemented under the overall coordination of **LIFE Academy** (www.life.se), which serves as the main implementing organisation and grant holder.

Contact person: Sara Jansson, sara.jansson@life.se

The programme is implemented in close cooperation with Swedish and Ukrainian partner organisations contributing complementary expertise:

Stockholm University, Department of Computer and Systems Sciences contributes academic expertise in digital transformation, AI, technology-enhanced learning, and research-based pedagogical development. www.su.se/english/divisions/department-of-computer-and-systems-sciences

Contact person: Henrik Hansson, Henrik.hansson@dsv.su.se

KTH Royal Institute of Technology, Digital Learning Division contributes expertise in digital learning design, online course development, mentorship structures, and quality assurance in hybrid education. www.kth.se/en/larande/dl/digitalt-larande-1.804299

Contact person: Thashmee Karunaratne, thashmee@kth.se

Ukrainian Distance Learning (UDL) System leads the development and management of the digital learning platform, AI-supported tools, and the Community of Practice. www.udl.org.ua

Contact person: Ihor Katernyak, ikaternyak@udl.org.ua

Dnipro University of Technology contributes expertise in gender-responsive education, entrepreneurship training, and certification through its professional development structures. www.nmu.org.ua/en/

Contact person: Lesia Doroshenko, doroshenko.l.v@nmu.one

Sustainable Development and Innovation Agency (SDIA NGO) contributes field-based experience working with women and IDPs, ensuring contextual relevance, outreach, and alignment with local needs. www.sdia.com.ua/uk

Contact person: Olena Sezonenko, sdiadon2019@gmail.com